

# NUGEVITY

AmeriSciences® MD



## Joint Ease

A natural blend of ingredients that support joint health, lubricate and provide the necessary building blocks of cartilage. AmeriSciencesMD® JOINT EASE is the right choice to help you deal with the twists, turns and bends in your day.\*



## Do What You Love... Comfortably

### Benefits

- Helps improve range of motion, flexibility and comfort in healthy joints.\*
- May enhance the production and maintenance of healthy joint tissue\*
- Stimulates collagen synthesis in chondrocytes (cartilage cells)\*

### Product Features

Joint Ease features the more concentrated hydrochloride variety of glucosamine, yielding 40% more active ingredient than the commonly used sulfate form, and meeting compendial pharmaceutical standards.\*

### Key Ingredients

- **Glucosamine** is a naturally derived aminopolysaccharide that provides the dietary building blocks for construction and maintenance of cartilage.\*
- **Avocado & Soy Unsaponifiables (ASU)** have been researched and used in Europe for their ability to support healthy joint tissue and improve normal joint comfort.\*
- **MSM (methylsulfonylmethane)** is a natural source of dietary sulfur. Studies suggest that it may play an important role in joint mobility, particularly when taken in combination with glucosamine.\*

### Contraindications & Precautions

Keep out of the reach of children. Do not use if you are pregnant or nursing. Individuals with a medical condition such as diabetes should consult with their physician. Although no allergic reactions have been reported from glucosamine, persons with known allergies to crustacean shellfish should exercise caution.

### Directions For Use

As a dietary supplement, adults take three (3) tablets daily, or as recommended by a physician. Tablets may be taken with a meal if stomach upset occurs.

### References

Usha PR, Naidu MU. Randomised, Double-Blind, Parallel, Placebo-Controlled Study of Oral Glucosamine, Methylsulfonylmethane and their Combination in Osteoarthritis. Clin Drug Investig. 2004;24(6):353-63.

Angermann P. Avocado/soybean unsaponifiables in the treatment of knee and hip osteoarthritis. Ugeskr Laeger. 2005 Aug 15;167(33):3023-5.

Lequesne M, Maheu E, Cadet C, Dreiser RL. Structural effect of avocado/soybean unsaponifiables on joint space loss in osteoarthritis of the hip. Arthritis Rheum. 2002 Feb;47(1):50-8.

Delafuente JC. Glucosamine in the treatment of osteoarthritis. Rheum Dis Clin North Am. 2000 Feb;26(1):1-11.

**Athletes:** This product is formulated and manufactured free of anabolic agents, narcotics, and other banned substances. Each batch is manufactured at an FDA-registered facility and laboratory tested to ensure purity.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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