

# NUGEVITY

AmeriSciences® MD



## OMEGA MAX

Medical and scientific authorities such as the American Heart Association recognize the benefits associated with Omega-3 fatty acids from fish, and recommend daily consumption of both EPA and DHA, the active ingredients found in AmeriSciencesMD® Omega Max.\*



## The Only Omega-3 Developed For US Astronauts

### Benefits

- Helps maintain triglyceride levels within the normal range\*
- Promotes healthy eyesight and tear lubrication\*
- Helps fetal brain and nervous system development during pregnancy\*
- Supports the immune system and promotes a healthy anti-inflammatory response\*

### Product Features

- Omega Max was researched and co-developed with flight surgeons at NASA's Johnson Space Center under a Space Act Agreement for use by US Astronauts aboard the International Space Station
- Omega Max is a molecularly-distilled, purified oil derived only from the bodies of small fish, eliminating the risk of contaminants and pollutants found in the sea, such as dioxin and mercury.
- Omega Max is fully compliant with US Pharmacopeia standards, making it a pharmaceutical-quality product.
- Features a protective enteric-coating technology that helps minimize the occurrence of oil reflux typically associated with fish oils.

### Contraindications & Precautions

Keep out of the reach of children. Consult your physician before taking this product if you take blood thinning medications, or if you anticipate surgery.

### Key Ingredients

- Eicosapentaenoic Acid (EPA) supports the immune system and is a natural precursor to several beneficial anti-inflammatory signals in the body known as eicosanoids. It also plays a role in eye and joint lubrication.\*
- Docosahexaenoic Acid (DHA) is a vital component of cell membranes in the brain, eye and heart. It is also necessary for optimal fetal development and is the most abundant form of omega-3 found in breast milk.\*

### Directions For Use

Take at least two (2) softgels daily, preferably at bedtime, or as recommended by a physician. If stomach upset occurs, take before a meal.

### References

- B.J. Holub. "Clinical Nutrition: Omega-3 fatty acids in cardiovascular care." Canadian Medical Association Journal, 2002, 166:608-15
- Chua B, et al. "Dietary Fatty Acids and the 5-Year Incidence of Age-Related Maculopathy." Arch Ophthalmol, 2006;124:981-986
- Hornstra G. "Essential fatty acids in mothers and their neonates." Am J Clin Nutr, 2000; 71(suppl):1262S-1269S.
- Kyle DJ, Schaefer E, Patton G, Beiser A. "Low serum docosahexaenoic acid is a significant risk factor for Alzheimer's dementia." Lipids, 1999; 34:S245.
- Raper NR, Cronin FJ, Exler J. "Fatty acid content in the US food supply." J Am Coll Nutr, 1992;11:304-8.

Athletes: This product is formulated and manufactured free of anabolic agents, narcotics, and other banned substances. Each batch is manufactured at an FDA-registered facility and laboratory tested to ensure purity.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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